

Omagh Academy



Week (1)

Monday

Thursday

Mac & Cheese O/B Fish Finger **Assorted Paninis**

- · Hot-Dog **Curry Sauce** Gravy Stuffing Cheese **Baton Carrots Baked Beans**
- · Chips
- · Ginger Biscuit

Chicken Sub-Roll Homemade Chicken Goujons Margherita Pizza Steak Burger & Bap **Assorted Paninis** Garden Peas Mashed Potatoes

Caramel Square

Chicken Curry & Stuffed Bacon Roll Lasagne / Garlic Bread **Assorted Paninis** Assorted Melts Broccoli Sweetcorn **Mashed Potatoes Diced Potatoes** Iced Sponge

Roast Dinner Beef Olive South Fried Chicken Goujons Steak Burger & Bap **Assorted Paninis Diced Carrots** Savoy Cabbage

.Chocolate Sponge

Mashed Potatoes

. Hot-Dog O/B Sausage **Assorted Paninis Curry Sauce** Gravy Stuffing Cheese **Garden Peas Baked Beans** Chips

· Choc Chip Cookie

FLAVOURS OF THE WORLD



Monday



Beef Meatballs and Red Pepper Sauce



Tuesday



Spicy Chicken and pepper Fajita



Wednesday



Salt and Chilli Chicken and rice



Thursday



Chicken Tikka Masala & Rice



Friday



Peri-Peri Chicken wrap

GRAB GO

Our Grab and Go selection features hot and cold options including fresh sandwiches, baguettes, rolls & wraps as well as burritos

We also have fresh salad & pasta boxes and a selection of desserts from muffins and biscuits to hot sweet treats.

SOUP SPUDS

Why not try a bowl of our freshly made soup, with a tasty roll on the side.

We also have baked potatoes available with a variety of delicious fillings.

So much choice with Let's Eat from EA Catering

If you require any additional information on allergens or special diets please contact your school.



Omagh Academy



Week (2)

Monday

Tuesday

Wednesday

Thursday

Friday

Spaghetti Bolognaise Chicken Nuggets Assorted Paninis Curry Sauce Gravy Stuffing Cheese Broccoli Garden Peas Chips

Choc Brownie

Cottage Pie
Spicy Beef Noodles
Breaded Fillet of Fish
Margherita Pizza
Assorted Paninis
Sweetcorn
Baked Beans
Mashed Potatoes
Diced Potatoes

Cornflake Biscuit

Homemade Pie Chicken Kebabs Homemade Chicken Goujons Steak Burger & Bap Assorted Paninis Garden Peas Mashed Potatoes

Rice Krispie Square

Roast Dinner
Chicken Olive
Baked Salmon
Hot-Dog
O/B Sausage
Assorted Paninis
Cauliflower Mornay
Baton Carrots
Mashed Potatoes
Oven Roast Potatoes

Fruit Muffin

Chicken Crumble
Steak Burger & Bap
Assorted Paninis
Curry Sauce
Gravy
Stuffing
Cheese
Peas & Sweetcorn
Baked Beans
Chips

Flakemeal Biscuit

FLAVOURS OF THE WORLD







Chicken Parmesan Ciabatta Sandwich



Tuesday



BBQ Pulled Pork Burrito



Wednesday



Katsu Chicken



Thursday



Tandoori Chicken Flatbread with Minted Yoghurt



Friday



Baked Chicken Burger with Peri-Peri Mayo

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